



# Valley Family Center

## Celebrating 30 Years of Service

### 2017 Highlights

**Valley Family Center** was founded in 1987 with the mission to provide counseling and educational services that facilitate personal growth, strengthen the family unit, and protect human dignity for all persons in need. Valley Family Center is a non-profit organization that is committed to making these services accessible to the low-income community of the San Fernando Valley who could not afford these services otherwise. All programs are designed to build self-esteem, encourage self-sufficiency and help clients reach their full potential.

**Our Clients** have many needs. Most come from low-income and poverty level households and are not able to receive professional services elsewhere. During 2017...

**90%** of clients were Latino

**40%** cited Spanish as their primary language

**61%** lacked health insurance or did not qualify for MediCal



"Through this program I have been able to grow and know more about myself. I am a better person because of the things I have learned here, and it reflects in the way that I interact with others."  
—Participant in the Victims of Domestic Violence Program

**Our Programs** respond to the needs of the community. **Key programs include:**

#### COUNSELING

Valley Family Center served **636** individuals through the counseling program, helping clients deal with relationship issues, depression and domestic violence. Of those served, **587** were served in individual therapy and **49** attended support groups on special topics including sexual abuse awareness for adults and social skills groups for children.

#### VICTIMS OF DOMESTIC VIOLENCE

The Domestic Violence program served **165** adults and **73** children who are victims of domestic violence or sexual abuse through case management, individual and family counseling and support groups.

#### BATTERERS' INTERVENTION PROGRAM

The Batters' Intervention Program served **130** perpetrators of abuse through weekly support groups last year.

#### PARENT EDUCATION

The program's 16-, 26- and 52-week courses served **204** parents.

#### THE LEARNING CENTER

**Eighteen** struggling students were served by the after school tutoring and enrichment program. Students worked on core academic subjects and completed STEM projects. The art program served **15** children and music program served **9**.



**Students learn to play recorder in the new music program**

#### Our Impact

During 2017, Valley Family Center...

Served **965** unduplicated clients

Provided over **14,700** hours of service

Helped **24%** of clients through multiple services for comprehensive care

Provided outreach and education about domestic violence to **456** community members

Received over **4,600** hours of service donated by **138** volunteers

Achieved a **96%** client satisfaction rate

#### Valley Family Center

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