



Valley Family Center

2016 Highlights

Valley Family Center was founded in 1987 with the mission to provide counseling and educational services that facilitate personal growth, strengthen the family unit, and protect human dignity for all persons in need. Valley Family Center is a non-profit organization that is committed to making these programs accessible to the low-income community of the San Fernando Valley who could not afford them otherwise. All programs are designed to build self-esteem, encourage self-sufficiency and help clients reach their full potential.



Child receives tutoring in the Learning Center after school program

Our Clients have many needs. Most come from low-income and below poverty level households and are not able to afford professional services elsewhere. During 2016...

92% of clients were Latino

40% cited Spanish as their primary language

71% lacked health insurance or did not qualify for MediCal

"No one ever gave me a chance to tell my story, and that happened on the first day here. Someone finally gave me a chance."

"I LOVE THE PERSON I'VE BECOME, BECAUSE I FOUGHT TO BECOME HER."

Our Programs respond to the needs of the community. **Key programs include:**

COUNSELING

Valley Family Center served **629** individuals through the counseling program, helping clients deal with relationship issues, depression and domestic violence. Of those served, **563** received individual therapy and **66** attended support groups on special topics including sexual abuse awareness for adults and social skills groups for children.

VICTIMS OF DOMESTIC VIOLENCE & ABUSE PROGRAM

The Domestic Violence program served **180** adults and **61** children who are victims of domestic violence or sexual abuse through case management, individual and family counseling and support groups.

INTERVENTION PROGRAM FOR BATTERERS

The Center has one of the largest programs in the Valley for perpetrators of abuse, with 8 anger management groups that meet weekly. **156** clients were served last year.

PARENT EDUCATION

The program's 16-, 26- and 52-week courses served **181** parents.

THE LEARNING CENTER

Seventeen students failing in school were served by the after school tutoring program focused on reading, writing, math and STEM projects. The art program served **20** children.

Our Impact

During 2016, Valley Family Center...

Served **1,011** unduplicated clients

Provided over **17,000** hours of service

Helped **15%** of clients through multiple services for comprehensive care

Provided outreach and education about domestic violence to **645** community members

Received over **4,300** hours of service donated by **115** volunteers

Achieved a **96%** client satisfaction rate

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