



Valley Family Center 2018-2019 Highlights

Valley Family Center was founded in 1987 with the mission to provide counseling and educational services that facilitate personal growth, strengthen the family unit, and protect human dignity for all persons in need. Valley Family Center is a non-profit organization that is committed to making these services accessible to the low-income community of the San Fernando Valley who could not afford these services otherwise. All programs are designed to build self-esteem, encourage self-sufficiency and help clients reach their full potential.



Our Clients have many needs. Most come from low-income and poverty level households and are not able to receive professional services elsewhere. During the 2018-2019 program year....

91% of clients were Latino

34% cited Spanish as their primary language

45% lacked health insurance or did not qualify for MediCal

Our Programs respond to the needs of the community. **Key programs include:**

COUNSELING

Valley Family Center served **601** individuals through the counseling program, helping clients deal with relationship issues, depression and domestic violence. Of those served, **544** were served in individual therapy and **57** attended support groups on special topics including sexual abuse awareness for adults and social skills groups for children.

VICTIMS OF DOMESTIC VIOLENCE

The Domestic Violence program served **163** adults and **45** children who are victims of domestic violence or sexual abuse through case management, individual and family counseling, and support groups.

BATTERERS' INTERVENTION PROGRAM

The Batters' Intervention Program served **217** perpetrators of abuse through weekly support groups last year.

PARENT EDUCATION

The program's 16-, 26- and 52-week courses served **170** parents.

THE LEARNING CENTER

Twenty-seven struggling students were served by the after school tutoring and enrichment program. Students worked on core academic subjects and completed STEM projects. The music and drumming programs served **11**.

Our Impact

During the 2018-2019 program year, Valley Family Center...

Served **1,201** unduplicated clients

Provided over **18,103** hours of service

Provided outreach and education to **1,959** community members

Received over **2,900** hours of service donated by **213** volunteers

Achieved a **95%** client satisfaction rate



Valley Family Center

302 S. Brand Boulevard
San Fernando, CA 91340
818-365-8588

www.valleyfamilycenter.org
info@valleyfamilycenter.org

Tax ID: 95-4105054