

Valley Family Center Summer 2022

Child & Teen

Social & Emotional Skills Groups

June 23, 2022- August 11, 2022 (8 Weeks)

Thursdays 9:30-11AM Via Zoom

Fee:\$15/Session

Our virtual groups are intended for kids ages 8 to 17 years old experiencing interpersonal difficulties. Our social and emotional skills groups will use art, relaxation, play and other therapeutic techniques to help your child learn healthy and creative coping skills to deal effectively with emotions such as anger, increase self-esteem, and improve social interactions.

Group 1- Ages 8-10

Group 2- Ages 11-13

Group 3 Ages 14-17

Space is limited!

Enroll now by calling our office at (818) 365-8588

